

Your Dollar \$ Worth

HUD Federal Credit Union

Your Preferred Financial Institution

Chartered 1936

HOME EQUITY LOANS: The Smart Borrowing Tool

It's a great time to apply for a Home Equity Loan! Using your home's equity is the smart way to borrow. You can use it for home improvements and landscaping to increase its value, family cruise/vacation, consolidate debt, pay for educational expenses, buy home furnishings or long-term investments, or for just about any productive purpose. The interest you pay could be tax deductible.*

HUD FCU's Home Equity Loans offer:**

- ✓ *Competitive rates*
- ✓ *Financing up to 90% of the appraised value of the home less the amount remaining on a first trust*
- ✓ *Maximum loan amount is \$50,000*
- ✓ *Maximum term is 15 years*
- ✓ *No points*
- ✓ *No application fees*
- ✓ *No credit report fees*



Borrow the smart and responsible way with a HUD FCU Home Equity Loan. Apply in person or online at www.hudfcu.org today!

House Hunting?

As you may already know, first-time homebuyers will receive at least a \$8,000 tax credit. Turn to Credit Union Mortgage Association, our mortgage partner for your 1st mortgage. CUMA offers competitive rates, low fees and an array of products best suited to your needs (fixed, VA, FHA, adjustable rate including 100% financing). The interest you pay may be tax deductible.* This can save you a significant sum of money every year when you pay your federal income taxes.

CUMA also offers reduced paperwork, online application and approval. For more information, call 703-425-1204 or visit www.hudfcu.org and click on "Credit Union Mortgages."

*Consult your tax advisor.

**Home equity loans are offered to members living in Washington, DC, Maryland and Virginia.

It's A Great Time To Get A New Or Used Vehicle Loan!

Summer is the perfect time to drive around in your new or new to you vehicle. Your Credit Union offers:

NEW CARS

- rates as low as 5.40% APR*
- terms for up to 5 years
- 6-year term on minimum \$20,000 new car loan



USED CARS

- rates as low as 5.90% APR*
- 5-year term on minimum \$15,000 used car loan
- 6-year term on minimum \$20,000 used car loan



You may use your loan on hybrid vehicles. Or, you may opt for a new motorcycle loan for up to 3-year term.

If you currently have a vehicle or motorcycle loan with another financial institution or lender, refinance with us. Our low rates may lower your monthly payment and thus help you save money.

Get loan pre-approval for the summer "Blazing Hot Vehicle Sale," July 15-31, 2009. Apply online at www.hudfcu.org, see a Loan Officer, or call 202.863.2800 option 4.

*APR=Annual Percentage Rate. Rate based on creditworthiness of individual applicant and subject to change anytime.

Annual Meeting Highlights

The HUD Federal Credit Union 68th Annual Meeting was held at Pier 7 Restaurant, 650 Water Street, SW Washington, DC on April 18, 2009.

Congratulations to Virginia Battle, Irene Koerner and George Winzer, reelected members of the HUD FCU Board of Directors. Sincere appreciation goes to all volunteers!

Congratulations to Ms. Leticia Forbes who won the grand door prize of \$200.00 deposit to her savings account. Mr. David Nimmer, the Chairman, acknowledged Ms. Madeleine Wootten who at 100 years old was the oldest member-attende.



Beware Of 0% For Life On Credit Cards

Yes, there's no denying that 0% APR* for the rest of your life on a credit card sounds awesome. However, as is often the case, if it seems too good to be true, it probably is.

Beware:

- The offer may not actually be for your entire life. There may be conditions that it is only valid up to a certain number of years.
- The 0% APR may actually increase if you are late on a payment, are over your credit limit or have a returned check. The default rate may be 10-20% more than the average rate.
- You may have to pay to transfer a balance. You could pay 3% of the amount transferred or just have a set rate no matter how much you transfer.

Before committing to a 0% APR* credit card, make sure you find out:

- if there is a fee for making online transfers
- the minimum amount that you can transfer
- the other fees involved and are itemized
- the order of payment

Our VISA Credit Card with a fixed 9.9% APR is a great alternative to high-rate commercial cards. You know you're getting a credit card you can trust from a financial institution you can trust. Visit with a Loan Officer for more info, to apply for a new card or to increase your credit limit.

*APR=Annual Percentage Rate

Credit Union Membership: The Gift Of A Lifetime



Your family members and co-workers can take advantage of the many benefits of conducting their financial affairs at the Credit Union.

We offer various savings and investment accounts, reasonably low-rate loans, federal insurance, convenience, financial guidance at www.hudfcu.org, a friendly and knowledgeable staff to help you with your financial needs, and lifetime membership.

Stop by or give us a call to get membership applications for your family and co-workers today!

Let Us Save Even During Uncertain Times



Saving is difficult on a normal day. Add a downturn economy, the chance of being let go and rising prices to that and it becomes nearly impossible. However, that doesn't mean that saving isn't still important. If anything, the bad economy shows us that saving is essential because you never know what might happen.

Save more and spend wisely with these tips:

Don't panic. Don't go and withdraw all your money. HUD FCU is safe and sound. Your money is available to you when you need it. Stick with your Credit Union.

Stay true to your goals. If you decided during good times to save for the holidays or a great vacation, try to cut back on other things to make these dreams come true. Try bringing a lunch to work or cutting back on cappuccinos and lattes.

Eliminate bills where and when you can. Write down your income, subtract taxes, utilities, and insurance costs to find how much money you have available to save. Sign up for payroll deduction to have an affordable amount of money transferred out of checking into your share savings account.

Maintain good credit. No matter what, preserve and protect your credit by paying your bills on time, refusing to purchase expensive items and limiting how many credit cards you have.

Increase your income. Invest in a government-insured Share Certificate or Individual Retirement Account. They earn interest.

Helpful Tips To Save Gas



- Buy the lowest grade (octane) of gasoline your car can use – check your owner's manual for this information.
- Drive slower, within the speed limit – the faster you drive, the more gas you use.
- Combine your errands and plan an efficient route. Carpool is an option.
- Keep tires properly inflated and regularly check alignment and balance.
- Get regular tune-ups to prevent costlier breakdowns.
- Un-junk the trunk – a weighted-down car uses more fuel.
- Consider buying a fuel-efficient car.

It's tough to save when money is tight. Yes, it can be done. If you need help, don't hesitate to contact us.

LONG-TERM CARE

Preparing For Retirement Is Smart. Protecting That Retirement Is Even Smarter!



Long-term care insurance helps safeguard you and your loved ones from the financial burden of long-term care expense. It helps preserve your savings and your independence by putting you in control of your future care options.

Your Credit Union trusts CUNA Mutual Insurance Society (CUNA Mutual Group) to offer this coverage to members.

With over 70 years of history and more than 16 years experience in LTC insurance, CUNA Mutual experts can help you plan ahead properly. Take advantage of a special LTC program that provides:

- premium discounts of up to 53%
- exceptional coverage with many flexible benefits
- immediate and future tax advantages
- access to trusted LTC professionals

All policies are comprehensive and cover a wide-range of long-term care options including:

1. skilled care
2. assisted living
3. custodial care facilities

LTC coverage* is a critical part of any retirement plan. Here's why:

- Each year, about seven (7) million Americans receive some type of long-term care.**
- The national average for LTC costs is \$77,745 annually for a private room.***

Assuming no increases, the cost for three years of service (the average length of payout for LTC insurance) would be \$233,235.

True, major medical insurance and Medicare may cover long-term care expenses. However, there are strict limits, and they typically only cover skilled type care. The fact is, whether major medical insurance, Medicare, or Medicaid, many people may not qualify.

It may be better to buy now. The best time to purchase a policy may be now if you're still in good health. Premiums usually increase as you get older. Call 800.443.6003 to learn more about this important program. Call 703.948.0092 to reach a LTC Specialist.

*LTC insurance is not a deposit and is not federally insured or guaranteed by your credit union.

**Source: National Association for Home Care & Hospice, 2007 Fact Sheet

***Source: MetLife Market survey of Nursing Homes & Assisted Living Costs, October 2007

How Can I Improve My Credit Score?



Here are several ways to increase your credit score to a number that you and lenders are happy with:

- ✓ pay your bills on time
- ✓ keep a low balance on any revolving accounts and credit cards
- ✓ check your credit reports at least once a year and report any errors you find
- ✓ don't max out your credit lines
- ✓ don't close or open too many accounts

If you do not have any credit history, there are some steps to follow to build a good credit score. You can apply for a credit card at HUD FCU. Our credit cards are a great way to help you get a good score. Also, you should make sure that your balances are less than 25-30% of your available credit. This is considered a low utilization rate, and that's good.

Make sure that you use your credit cards for something, even if it's a small purchase like a tank of gas. Lenders want to see some kind of activity. Of course, pay it off when you receive the bill. Avoid activities that lower your score like canceling credit cards, filing for bankruptcy and maintaining high balances on your credit card.

Please contact us with any questions.

Direct Deposit

Sign up for this fast, safe and secure service today! You're sure to love the convenience!



Current Loan And Dividend Rates

Contact us for current rates before you borrow. Loan rates are subject to change any time. Loan and dividend rates are expressed in annual percentage rate (APR) and annual percentage yield (APY).

- New Cars as low as 5.40%
- Used Cars as low as 5.90%
- VISA® Credit Card 9.90%
- Mortgage Loan

1st and 2nd Mortgages at competitive rates. Various options: conventional, VA, FHA, adjustable rate and balloon mortgages. Call CUMA, our mortgage partner at 703-425-1204 or 800-231-8855 or visit www.hudfcu.org and click on CU Mortgages

- Special 2nd Mortgage Loan up to \$100,000, 15 years 7.50%
- Reverse Mortgage, loan option for members-homeowners age 62 and older. Call 703-425-1204 ext. 128 for more info.

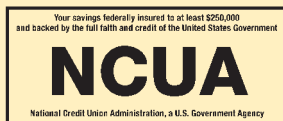
Check Your Dividend Rates

Your Credit Union works to keep dividend rates up. The Board of Directors has declared dividend rates for the quarter ending June 30, 2009:

	Rate	Yield
• Regular Shares	.50	.50
• Premium Share Draft	.50	.50
• Regular IRA	2.00	2.02
• Money Market Share Account		
\$2,500 to \$24,999	.75	.75
\$25,000 to \$49,999	1.00	1.01
\$50,000 to \$99,999	1.25	1.26
\$100,000 and over	1.50	1.51

For electronic transfers, use our Routing/Transit Number 2540-7473-0.

Your Dollars Worth published by HUD FCU
P.O. Box 23273 Washington, DC 20026-3273
Evelyn Tafalla, CCUE
Marketing Director & Adm. Asst.
Notary Public



Let's Simplify Our Lives

Easy, Safe, Free Online Account Access

At www.hudfcu.org, you can log in to your account to transfer money between accounts, check your account balance, make loan payments, apply for a loan, see copies of cleared checks, and view your VISA Credit Card information.

Online Bill Pay lets you pay your mortgage and utility bills with the click of a mouse. Payments may be submitted at any time, day or night when it fits your busy schedule. You no longer have to write checks, buy stamps or make trips to the post office. You get all this time back to enjoy and spend how you like.

With E-Statements, you get all the information you do on paper statements but on your computer screen instead. View your statements for up to 12 months and print one or two, only as needed. It's safer than paper statements in protecting personal identity.

By using these earth-friendly services, we save trees and help the environment. Again, let's go green, go electronic and simplify! Sign up today!

Health Corner

Simple Steps For Stress Relief

We live stressful lives. Here are some tips to help reduce the stress.

Remove the cause of the stress. If you can remove the stressor in your life, do it. You will begin to feel better immediately.

Eat. Busy people often skip meals so they can get other things done. But, if you have so many things to do, you're going to need the fuel to keep you going all day.

Sleep. A lack of sleep can hinder your productivity and make you function improperly. If you can't get enough sleep overnight, don't hesitate to take a nap.

Exercise. Physical exercise is one of the best ways to get rid of stress. Endorphins are released during long, intense workouts and make you feel happier because they produce a sense of well-being.

Take a break. Physically remove yourself from the stress and busyness of the day and take your mind off your troubles. Take "productivity pauses," which will bring more perspective, energy, and help you get more done, stay healthy and keep a positive attitude. Breaks can be as simple as taking deep breaths and doing simple stretches.

Maintain your health. Go to the doctor to have regular check ups.

Keep your mind sharp. This makes you better able to solve problems and meet challenges. Reading and doing crossword puzzles are exercises for your mind.

AT YOUR SERVICE

3,305 CU Service Centers and CU Outlets wherever you live and work.
Find one near you: 800-919-2872 or www.cuservicecenters.org

"Surcharge-free" ATMs at over 5,300 7-Eleven stores in 30 states